

2025 年 10 月高等教育自学考试

英语(专升本)试题

课程代码:13000

1. 请考生按规定用笔将所有试题的答案涂、写在答题纸上。
2. 答题前,考生务必将自己的姓名、准考证号用黑色字迹的签字笔或钢笔填写在答题纸规定的位置上。

选择题部分

注意事项:

每小题选出答案后,用 2B 铅笔把答题纸上对应题目的答案标号涂黑。如需改动,用橡皮擦干净后,再选涂其他答案标号。不能答在试题卷上。

第一部分: 阅读判断(第 1~10 题, 每题 1 分, 共 10 分)

下面的短文后列出了 10 个句子, 请根据短文的内容对每个句子作出判断: 如果该句提供的是正确信息, 选择 A; 如果该句提供的是错误信息, 选择 B; 如果该句的信息文中没有提及, 选择 C。在答题纸相应位置上将答案选项涂黑。

A Long-term Investment or a Quick Fix

There's something about French women. They have a stylish and cool feel that American women have long been trying to imitate. The two countries have quite different approaches to beauty. Mathilde Thomas, co-founder of French beauty brand Caudalie, will explain the subject in her new book, *The French Beauty Solution*. She said the key to French beauty is the belief that "beauty is something to give you pleasure. Because when you feel good, you look good."

In 2010, she went to the U.S. to expand her brand. She traveled all over the country meeting customers. She found that the American concept of beauty was more about pain than pleasure. Many women said they made their beauty choices based on the notion of "no pain, no gain." They thought they had to suffer to be beautiful. In contrast, she and French women believe the notion of beauty should be pleasing to you.

Thomas' book discusses how women in the U.S. are all about the "quick fix." This means they will try a product that will instantly solve a beauty problem. They don't care if it



hurts, is expensive, or is damaging in the long run. That's quite different from the French view of beauty. In the book, Thomas sees the French view as an essential and pleasing part of the day. It is also a lifelong and active investment that makes you look and feel good.

In the book, Thomas says, "Our beauty routine is based on prevention and upkeep. And it is viewed as an essential, ongoing investment. What I saw here was much more of a tendency toward the quick solution. Millions of American women consider beauty a priority in their daily routine. However, many of their habits are either too expensive, too painful, or simply not effective."

1. French women are more stylish in the eyes of American women.
A. True B. False C. Not Given
2. Caudalie is an American beauty brand.
A. True B. False C. Not Given
3. Thomas thinks that beauty is a privilege for the young.
A. True B. False C. Not Given
4. Thomas went to America to promote her beauty products.
A. True B. False C. Not Given
5. American women base their idea of beauty on pleasure.
A. True B. False C. Not Given
6. French women share Thomas' notion of beauty.
A. True B. False C. Not Given
7. French women invest more in beauty products than before.
A. True B. False C. Not Given
8. American women prefer a quick solution to their beauty problems.
A. True B. False C. Not Given
9. American women like Thomas' beauty products.
A. True B. False C. Not Given
10. American women's beauty routine is based on prevention.
A. True B. False C. Not Given



第二部分：阅读选择（第 11~15 题，每题 2 分，共 10 分）

阅读下面短文，请从短文后所给各题的 4 个选项（A、B、C、D）中选出 1 个最佳选项，并在答题纸相应位置上将该项涂黑。

An Important Piece of Life Advice for the Young

I spend a lot of time interviewing older people in my research on their lives. In one project, I asked them the question: “What can young people do to avoid having regrets when they come to the end of life?” One of the most important messages they have for younger people is to travel—and to *do it now*.

An old woman once told me that among the most regretful elders she knows are those who put off travel until it was too late—a mistake she almost made if it had not been for her husband. Her husband said, “I’m not waiting until I retire. Who knows what things will be like then?”

So, here’s a clear opportunity to avoid a future regret: travel in your first 30 years, while you have time and energy. This message comes from some of the elders who delayed travel until it was too late. One 86-year-old lady I talked to had spent her life close to home. With a sad look in her eyes, she told me: “I always wanted to go to Hawaii, but I never made it. Oh, it’s too late for me.”

I can hear some people saying: That’s all well and good, but how can we afford it? The elders counter that argument by saying that travel is so rewarding that it should take precedence over other things younger people spend money on. The key is travel’s value specifically for the young; it broadens their horizons, helps them to find a focus for their lives, and challenges them in new ways.

Of course, travel is by no means only for the young. Seeing the world is also important in the middle 30 years and the last 30 years. Travel is just that important to feeling like your life has been well-lived.

11. The writer of this text is most probably a _____.

- A. technician B. librarian C. researcher D. consultant

12. What can we infer about the old woman and her husband?

- A. They had many regrets in their life.
B. They traveled a lot before retirement.
C. They made a big mistake in their work.
D. They delayed travel until it was too late.



13. According to Para. 4, the elders think that younger people should _____.
A. give priority to travel B. make time for their families
C. find a focus for their lives D. work hard to save money
14. The 86-year-old lady feels sad as she can no longer _____.
A. stay in Hawaii B. go on a tour
C. live close to home D. take care of herself
15. The writer of the text thinks that travel is a _____.
A. great midlife activity B. challenge for the old
C. lifestyle for the young D. lifelong engagement

第三部分：概括段落大意和补全句子（第 16~25 题，每题 1 分，共 10 分）

阅读下面短文，请完成短文后的 2 项测试任务：（1）从第 16~20 题后所给的 6 个选项中为第①~⑤段每段选择 1 个正确的段落大意；（2）从第 21~25 题后所给的 6 个选项中选择 5 个正确选项，分别完成每个句子。在答题纸相应位置上将答案选项涂黑。

Benefits of Spending Time with Animals

- ① A pet treatment can solve all sorts of problems, says animal expert Arden Moore. Spending time around animals, like bird-watching, being accompanied by a therapy dog, or playing with a pet spider, can be good to your well-being. “There’s something about the animal kingdom that enables us to enjoy life a little better,” she says.
- ② According to Moore, petting your cat or dog makes the animal happy, and it relaxes you as well. It is especially so when you are under some stress. “Give your dog or cat a head-to-tail rub by running hand over hand through the body,” she says. Your touch relaxes the animal. It also releases feel-good hormones (荷尔蒙) in you, and reduces your heart rate.
- ③ Talking with animals may lower your blood pressure and improve your overall health. Moore suggests engaging animals in “happy talk,” or speaking in a cheerful tone. She says, “Happy talk or laughter around animals releases hormones in humans. Then, your blood pressure will be lowered. And animals will feel better too.”
- ④ Eating beside an animal may improve your eating habits. “In nursing homes, if there’s a fish tank where people are eating, seeing those fish actually motivates some residents to eat,” says Moore. The result of recent research supports the view. It shows that the people who ate near their pets improved some of their eating patterns.



⑤ A good relationship with your animal friends may lead to better relations with humans. According to a study at the University of Michigan School of Nursing, observing animals in nature can teach valuable characteristics like patience, and help restore mental energy. Taking care of an animal can also teach responsibility and stimulate feelings of trust, openness, and companionship.

Task 1

- 16. Paragraph ①:
- 17. Paragraph ②:
- 18. Paragraph ③:
- 19. Paragraph ④:
- 20. Paragraph ⑤:

- A. Animals help reduce your stress.
- B. Animals improve human relationships.
- C. Animals make your life more enjoyable.
- D. Animals can change your way of life.
- E. Animals help improve your eating habits.
- F. Animals help lower your blood pressure.

Task 2

- 21. Playing with your pet is good _____.
- 22. When you're petting your pet, _____.
- 23. Your pet will feel happy _____.
- 24. Eating near your pet, _____.
- 25. You may develop your patience by watching animals _____.

- A. in nature
- B. if you keep a pet
- C. to your well-being
- D. when you talk with it
- E. you'll have a better appetite
- F. your heart rate will be reduced



第四部分：填句补文（第 26~30 题，每题 2 分，共 10 分）

下面的短文有 5 处空白，短文后有 6 个句子，其中 5 个取自短文，请根据短文内容将其分别放回原有位置，以恢复文章原貌，并在答题纸相应位置上将答案选项涂黑。

What is Green Tourism?

The aim of green tourism is to protect the environment and culture of an area. There are many choices for green tourism worldwide.

The number of tourists has been increasing these days. It makes green tourism a must in some areas. In order to protect the environment, it might seem wiser to ban tourists to these areas. But many areas need the income from tourism for their local economy. Green tourism offers the best solution to both. 26 At the same time, it keeps local businesses growing.

Green tourism might not mean a vacation spent with little or no comfort. 27 Green tourism resorts exist in almost every style and taste. From recycling systems to tree houses, there are many vacation choices.

On a green holiday, people study the local plants and culture. 28 Guides, tours and wildlife-viewing platforms help people experience a lot. But little or no impact is made on the environment. Sometimes, tourists can take an active part in improving the local area. They can work to protect the wildlife in the area. They can help to build a school. 29 These vacations can be a lot of work. But people find them very rewarding and interesting.

Nowadays, green tourism is becoming more popular. 30 More areas will take steps to have less of an impact on the environment, allowing tourists to enjoy the beauty that these areas have to offer for many years to come.

- A. They also learn ways to protect them.
- B. It protects the environment of an area.
- C. They can do other things that are good for the area.
- D. Its effects need to be further studied.
- E. So there are likely to be more vacationing options available.
- F. On the contrary, people think that it can be a wonderful adventure.



第五部分：填词补文（第 31~40 题，每题 1.5 分，共 15 分）

下面的短文有 10 处空白，短文后列出 12 个词，其中 10 个取自短文，请根据短文内容将其分别放回原有位置，以恢复文章原貌，并在答题纸相应位置上将答案选项涂黑。

The Word “Try”

The word “try” is a small word yet it has an amazing impact upon us. If someone says, “I’ll try to do that,” you 31 that they will not put their whole 32 into it, and may not even do it at all. How 33 do you use the word “try” when talking about the things that 34 to you?

Think about something that you would like to 35, say it to yourself in two 36 ways, and see how you feel. Firstly say, “I’ll try to...” and 37 say, “I will do...”

The latter makes you feel 38 than the former, right? It gives you a sense of 39. Listen to the people around you. When they say they will try, notice if it gets done or not. Eliminate the word “try” from your 40 and see how your life improves.

A. matter	E. achieve	I. often
B. different	F. know	J. better
C. determination	G. smart	K. dictionary
D. only	H. next	L. heart



非选择题部分

注意事项:

用黑色字迹的签字笔或钢笔将答案写在答题纸上,不能答在试题卷上。

第六部分: 完形补文 (第 41~50 题, 每题 1.5 分, 共 15 分)

下面的短文有 10 处空白, 每处空白后的括号内有一个词, 请根据短文内容将其正确的形式填入文中, 以恢复文章原貌, 并将答案写在答题纸相应的位置上。

Communication in Groups

The number of people in a group influences (**influence**) the quality of communication. Consider the 41 (**differ**) between communication between two friends and communication in a group. When two friends talk, there are 42 (**simple**) two people sending and receiving messages. In a group, there are several people 43 (**do**) the same thing. Each idea one expresses must be 44 (**understand**) by all others. Thus, the 45 (**great**) the number of people in a group, the fewer 46 (**contribution**) a member may make. So, you may think that small groups would be better. However, with too few members, a group has 47 (**limit**) resources. This 48 (**affect**) the advantage of groups for making a 49 (**decide**). Also, in a very small group, the members may be 50 (**willing**) to criticize others. So, I believe that five to seven members is the ideal size for a group.

第七部分: 短文写作 (第 51 题, 30 分)

请根据所提供材料中的要求完成一篇 100 词左右的英文写作任务。将你的答案写在答题纸相应的位置上。

51.

某英文报社正在举办题为 “Starting from Ourselves to Save Electricity” 的征文活动。请你根据下述写作要点提交一篇英文短文应征, 内容包括:

- 当前我国电力资源短缺
- 如何从小事做起, 节约用电

